

## A new range of power efficient air-conditioners

**D**aikin recently launched a new range of split room ACs in disgustingly conceptualised and manufactured for discerning Indian consumers. This new series range boasts future-ready technologies that empower the customers to manage the quality of air conditioning across their premises. "Our research indicates heavy customer emphasis on air quality and health, so we have now extended our patented streamer discharge technology to the 4 Star segment in addition to offering an upgrade to products with WiFi. Our commitment to delivering goodness via product innovations continues with our low clean technology that enables indoor units (IDU) to self-clean itself with atmospheric water ensuring hygienic and efficient operations," shared an official. With this new 2022 range, Daikin took the leadership position to launch ACs as per the new star rating six months before the implementation date of July 1, 2022.



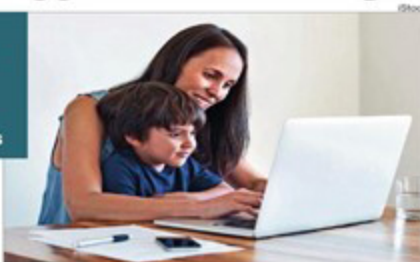
KJ Jena, Chairman & Managing Director, Daikin India, said, "At Daikin, we have a vision for 'Make in India' products that is designed to serve the needs of every Indian. With ACs, now becoming a necessity, there was a need for a radical change in product innovation and standards in order to serve the emerging consumer aspirations. The new range of Daikin AC's will empower the growing Indian population to upgrade from outdated and older technologies without any impact of high energy consumption charges." The new range of ACs is 15 per cent more power-efficient and comes with a Dew Clean Technology for clog-free operation.

The ACs also come with a Streamer Discharge Technology which is apt for air quality, along with a Triple IDU display for monitoring. Interestingly, it also offers WiFi options for convenient handling and low-cost heat pump for hot and cold operation.

## Children learn less words with high screen exposure, suggests new study

**A**n international research team investigated the impact of lockdown measures on 2,500 infants between 8 and 36 months across 13 countries in two studies. The findings showed that, during lockdown, children who were read to more frequently were reported by their caregivers to have learned more words, relative to their peers who were read to less frequently. However, children with increased exposure to screens learned to say fewer words, relative to their peers with less screen time. "Identifying the effects of parent-child activities on the child's vocabulary growth is a significant finding. Caregivers had to juggle multiple responsibilities during the pandemic," said Professor Julian Mayor, University of Oslo.

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**SUDOKU CHALLENGE**

			2	9	5			
	5		4				1	
8			2	4				
			5	8	9			
3								1
	8	6	7					
	1	6						4
	5		8	7				
4	6	7						

Level: Medium

**TIMES HITORI**

**How to play**

- A number may appear just once in each row or column. Eliminate repeat numbers by darkening cells.
- Darkened cells must never be adjacent in a row or column.
- Unmarked cells must create a single continuous area, undivided by darkened cells.
- Every time you darken a cell, you can automatically circle its vertical and horizontal neighbours, which means they cannot be eliminated.
- Any cell "sandwiched" between neighbours of the same value can be circled. (e.g. 8 8 8)
- A "triple" is a special case of sandwich. Circle the centre cells, and darken the ends. (e.g. 8 8 8)

1	2	8	2	5	2	3	5
1	4	8	2	9	6	7	5
5	5	9	1	3	6	4	2
2	8	2	3	2	1	3	7
1	7	4	5	1	8	6	9
3	9	8	6	5	7	3	8
3	3	2	7	4	9	1	6
4	6	1	2	8	4	2	3



## Study suggests women to focus on their heart's wellbeing before getting pregnant

**P**regnancy stresses a woman's heart and circulatory system. During pregnancy, a lady's blood volume increases by 30 to 50 per cent to nourish her growing baby. A new Northwestern Medicine study shined a spotlight on an important but often overlooked matter of the heart - optimising one's cardiovascular health before getting pregnant. The study was published in 'Circulation', the American Heart Association's (AHA) peer-reviewed flagship journal, as part of a themed issue for the Go Red for Women Campaigns. More than one in two young women between the ages of 20 and 44 who gave birth in the US in 2019 had poor heart health before becoming pregnant, the study found. "As women, we tend to think about the baby's health once we become pregnant, but what so many women don't realise is the first thing they can do to protect their babies (and themselves) is to get their heart in shape before they conceive," said senior study author Dr Sadiya Khan, assistant professor of medicine in cardiology and epidemiology at Northwestern University. Several women in the study had at least one risk factor for poor heart health, including overweight/obesity, hypertension or diabetes before becoming pregnant. "Women with favourable heart health before pregnancy are less likely to experience complications of pregnancy and are likely to deliver a healthy baby," said lead study author. The scientists encouraged women to see a doctor prior to becoming pregnant to maintain a healthy lifestyle before and during pregnancy. This involves staying physically active, eating a healthy diet, and avoiding tobacco to reduce the risks of being overweight or having high blood pressure or diabetes.

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**SCRAMBLE**

Rearrange the letters in the four word jumbles, one letter each per square/circle, to make four ordinary words

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**CINEMA**

**ENGLISH FILMS**

**SPIDERMAN NO WAY HOME (UA) 3D**  
★★★★☆  
58888 code: spf  
Jon Watts, Alfred Molina, Zendaya  
After the world discovers that Peter Parker (Tom Holland) is Spider-Man, he approaches Doctor Strange (Benedict Cumberbatch) to fix the problem.  
GT Central 5 PM INOX CRYSTAL PALM 1.30PM

**HINDI FILMS**

**83 (U)**  
58888 code: 83  
Ranveer Singh, Deepika Padukone, Harry Shandhu, Tahir Raj Bhasin  
Captain Kapil Dev led a team from India, seen as underdogs, to bring home the country's first-ever World Cup title in the year 1983.

GT Central 1.10 PM, 4.45 PM INOX PINKSQUARE 4.45PM INOX STC 4.15 PM  
SPIDERMAN NO WAY HOME (UA) 3D  
★★★★☆  
58888 code: spf  
Jon Watts, Alfred Molina, Zendaya  
GT Central 12.55 PM INOX PINKSQUARE 11.45AM, 12.45, 3.30, 4.30PM INOX STC 1 PM  
PUSHPA: THE RISE - PART 1 (UA) ★★★★★  
58888 code: pus  
Allu Arjun, Rashmika Mandanna, Fahadh Faasil  
Pushpa Raj is a coolie who rises in the world of red sandalwood smuggling. Along the way, he doesn't shy from making an enemy of two.  
GT Central 12.15PM, 1.15, 3.30, 4.30PM INOX STC 11.45AM, 12.45, 3.30, 4.30PM

Trash ★ Below Average ★★ Average ★★★ Above Average ★★★★ Good ★★★★★ Very Good ★★★★★ Outstanding ★★★★★★ Masterpiece ★★★★★★

**SMS movie reviews ratings**

\* Type rev ->space- short code of movie as given under each movie name ->space- your name ->space- your rating (choose from 1,2,3,3.5, 4, 4.5, or 5)->space- Add your comments if any and send to 58888. e.g. rev avm 3 good 5. go to [www.timesofindia.com](http://www.timesofindia.com)

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